

Men's Pro Basketball Historical Modifiers					
Year	League	Hist Mod	Year	League	Hist Mod
2024-2025	NBA	-2	1980-1981	NBA	-1
2023-2024	NBA	-2	1979-1980	NBA	-1
2022-2023	NBA	-2	1978-1979	NBA	-1
2021-2022	NBA	-1	1977-1978	NBA	-1
2020-2021	NBA	-2	1976-1977	NBA	0
2019-2020	NBA	-2	1975-1976	ABA	-2
2018-2019	NBA	-1		NBA	0
2017-2018	NBA	0	1974-1975	ABA	-1
2016-2017	NBA	0		NBA	0
2015-2016	NBA	0	1973-1974	ABA	0
2014-2015	NBA	+1		NBA	0
2013-2014	NBA	+1	1972-1973	ABA	-1
2012-2013	NBA	+1		NBA	-1
2011-2012	NBA	+1	1971-1972	ABA	-2
2010-2011	NBA	+1		NBA	-1
2009-2010	NBA	+1	1970-1971	ABA	-3
2008-2009	NBA	+1		NBA	-2
2007-2008	NBA	+1	1969-1970	ABA	-2
2006-2007	NBA	+1		NBA	-2
2005-2006	NBA	+1	1968-1969	ABA	-2
2004-2005	NBA	+1		NBA	-2
2003-2004	NBA	+2	1967-1968	ABA	-1
2002-2003	NBA	+2		NBA	-2
2001-2002	NBA	+2	1966-1967	NBA	-3
2000-2001	NBA	+2	1965-1966	NBA	-2
1999-2000	NBA	+1	1964-1965	NBA	-1
1998-1999	NBA	+2	1963-1964	NBA	-1
1997-1998	NBA	+2	1962-1963	NBA	-2
1996-1997	NBA	+1	1961-1962	NBA	-3
1995-1996	NBA	+1	1960-1961	NBA	-3
1994-1995	NBA	0	1959-1960	NBA	-2
1993-1994	NBA	0	1958-1959	NBA	-1
1992-1993	NBA	0	1957-1958	NBA	-1
1991-1992	NBA	0	1956-1957	NBA	+1
1990-1991	NBA	0	1955-1956	NBA	+1
1989-1990	NBA	-1	1954-1955	NBA	+2
1988-1989	NBA	-1	1953-1954	NBA	+5
1987-1988	NBA	-1	1952-1953	NBA	+4
1986-1987	NBA	-1	1951-1952	NBA	+4
1985-1986	NBA	-1	1950-1951	NBA	+4
1984-1985	NBA	-1	1949-1950	NBA	+5
1983-1984	NBA	-1	1948-1949	BAA	+5
1982-1983	NBA	-1	1947-1948	BAA	+6
1981-1982	NBA	-1	1946-1947	BAA	+7

Women's Pro Basketball Historical Modifiers		
Year	League	Hist Mod
2025	WNBA	-2
2024	WNBA	-2
2023	WNBA	-2
2022	WNBA	-2
2021	WNBA	-1
2020	WNBA	-2
2019	WNBA	-1
2018	WNBA	-2
2017	WNBA	-1
2016	WNBA	-2
2015	WNBA	0
2014	WNBA	0
2013	WNBA	0
2012	WNBA	0
2011	WNBA	0
2010	WNBA	-1
2009	WNBA	-1
2008	WNBA	0
2007	WNBA	0
2006	WNBA	0
2005	WNBA	+2
2004	WNBA	+2
2003	WNBA	+2
2002	WNBA	+2
2001	WNBA	+3
2000	WNBA	+2
1999	WNBA	+2
1998	WNBA	+1
1997	WNBA	+2

Updated 2025

The modifier should be added to the d20 roll along with the opponent's defense rating.